

Healing the Earth & Helping the Nature Kingdoms



Lady Galasan through Shabdan

1st November 2006

In October 2006, I attended a 'meeting' with representatives of the Nature realms to address an energy problem that arose in that month due to information being circulated among lightworkers that appeared to be of the light but was not. Now more than ever before, our discernment is a vital tool and we must evaluate everything that comes to us, even from trusted sources, to determine for ourselves what action to take as we follow the path.

As lightworkers, part of our task on Earth at the moment is to help the Earth herself to transform energies she has absorbed from humanity over the millennia. Not all of us are as awake at this time as we had originally planned, and the Nature realms have been absorbing energies that we are unable to process. The October event increased the burden they faced, and so they asked for help. Some initial clearing work has been done, but help is still needed on an on-going basis. I ask you now to discern this information for yourself and act, or continue to act, and invite others to join you if it feels right to you.

The message below is channelled from a master of the Elven realms, Lady Galasan, whom I first met in this lifetime in woodlands near my home in Scotland in September 2006, but the meeting also involved Queen Anchuvok, a master from the devic realms and King Anud of the mineral realms who have been advising me on crystals and inner earth matters for almost a decade. They contacted me because of my connection to the River of Light. Each brought a piece of light language from their own particular sphere of responsibility to help the lightworkers among humanity ease the burden on the nature kingdoms during this time of transformation and release. The light energy known as 'Pan' and many other beings from the etheric world of nature also attended this meeting in support.

I was told very clearly that the Nature realms were under serious duress, and I am sure that many of you who work closely with nature or are sensitive to its wonderful energies have been aware for some time of the growing burden they are facing. I was able at the end of October, with a small group of lightworkers in the North of England, to do some clearing work to release the energy from the world's light grids that precipitated the meeting, but the background challenges remain and we can do much more, both by taking on our own tasks and by helping relieve those who have stood in for us. This message from Lady Galasan, a Queen of the Elven Realms, given after the October clearing work, explains the continuing situation and proposes one possible course of action to assist.

Dearest friends, light force of the world,

At this time the nature and mineral kingdoms are suffering a great burden. We gather now to meet with you, the lightworkers, to ask humbly for your assistance in reducing this burden. Much is being released from our dearest Mother Earth as the seasons pass. The level of release is increasing and much needs to be transformed into light. The light force has agreed to transform the karmic energies that our dear Mother has taken from us throughout the history of our incarnations here in the Earth. She has lovingly transformed as much of these karmic imbalances and

fears as she could through the passage of time. Now, in order for her to make her own passage into the higher planes she is choosing to release the balance of these energies through the light force.

Though you toil, dearest ones, helping all that you can, a great deal of the energy that is now being released has yet to be transformed. Much that was intended to pass through the light force is being taken gladly by the nature realms and the mineral kingdoms of the Earth, but they are now overloaded.

As we are passing through the eye of the needle, a place of transition for all of the realms of light in the Earth, the pressure upon all is mounting. It is causing humanity to suffer greatly as they are called to process and to heal their own issues and karma that still bind them to the Earth planes. In this place of burden, the overflow has fallen upon the nature realms. They too have been suffering as the burden has increased for them. In this passing through the eye of the needle, as the vibration of the whole world must increase rapidly to sustain the consciousness shift into the fifth dimension, many shadow vibrations from the lesser planes of light are called to give way. In their fear and resistance they seek to influence the pure hearts of the light force and to obstruct their service to the heart of their being. Of late, many of the light force have been led astray. This I tell you with love and compassion. All things serve the light whether they know it or not. Even those who have turned away from the light are infinitely bound to the light and to love, and in their turning away from the light they give service to the elements of this world.

You may have observed that great suffering has taken place for many. This is because the shadow has led many astray a little. This gives service for it causes you to become aware of the discordance within you still to be transformed into light and to love. The light grids around the world were shrouded for a time from the middle of October, and this gave rise to a lessening of vibration around the world for every plane of existence in the Earth, including the light force and humanity. This was cleared by a group of lightworkers at the end of October, and the light grids shine as before. This has happened because of the collective will of many who have subscribed to the temporary closing out of the light. It is a belief in spiritual unfoldment through suffering and through pain. Dearest ones, this is no longer the way of this world. It is simply not necessary to sustain, to perpetuate an old learning pattern, living in the shadow of the light. Now you may live fully in the light and learn through love and through joy!

Blessed ones use your discernment and make loving choices. Seek not to suffer but seek healing and release through loving ways. Your thoughts and agreements create a reality through which the world is constantly re-created within existing patterns. The paradigm of unfolding higher consciousness requires that new paradigms, loving paradigms, be adopted NOW. Every thought that you send out into the world has an influence either for learning through joy or through suffering. Take heed of your thoughts and the thoughts of others that you meet either directly or indirectly. The medium of the internet is a powerful tool for change but it is open to the influence of fear also. Be discerning dear ones with the information that comes to you through the internet. Let your heart tell you truly what is actually overshadowed and what is pure divine truth. Only in this way can

you make new choices, loving choices for a bright new future.

I am an Elven Queen, I am Lady Galasan. Of late the Elves have been returning to the Earth planes. They now hold a new level of frequency and it is their chosen pathway to give unconditional service to all planes of light within the world. In this we come to speak to you of the need of the nature realms and now also of the mineral kingdoms. In their willing service to Life, all Life in the Earth, they have become deeply burdened and suffer greatly under the pressure of the karmic energies that they are processing for the light force and for our dear Mother. These are strong words and they are not spoken lightly. Simply, they are truth. Much can be done to alleviate their condition. In this we of the Elven realms, on behalf of the nature and mineral kingdoms, seek your assistance.

We ask you to light a candle each and every day for the time to come. Place it upon a paper that contains these light language words in a window of your home. The words open a pathway to release karmic energies. They are **Shereh-bareh-Asanne**, for the nature realms, **Caruh-bareh-Hesanne** for the mineral realms and **Mah-bereh-ha-Essanne** for our dear Mother Earth. You could write them in a triangle within which you place the candle holder. Light the flame of your candle, perhaps a simple tea light in a safe candle holder. As you light the candle, say the words aloud from a place of love within your heart. Place your loving intentions for release, and those of the words, within the flame. Breathe deeply and let go. Allow the candle to burn for a number of hours so that the subtle energies may reach into the hearts of the nature and mineral kingdoms, into the devas and spirits of those realms right across the world. Let the light vibrations reach also into the heart of our sweet Mother so that you may open a pathway for all three to give passage to the karmic energies that are being released at this time.

Blessed ones, do all in your power to heal and support the nature and mineral kingdoms. Even the trees are taking these energies, you can feel it within them. Even the waters of the world, the oceans and rivers carry these karmic energies, seeking to transform all that they can on behalf of the world at this time. ACT NOW dearest ones. Light a candle and speak the sacred words of light over the living flame.

To participate more fully in the clearing for the Earth, do this: every day call upon the angels to transform into light and love all karmic and emotional energies and all other energies that you have accepted into your energy field from Mother Earth, from all realms of light in the Earth and from humanity. Give thanks to the blessed angels. Breathe deeply and release all.

Heal deeply for yourselves. Your time for growth is now upon you. ACT NOW. Open your heart and allow the karma that our dear Mother has taken for us all – that which she has not yet been able to process on our behalf – to be released through you. Learn to use your discernment in every moment and for every cause to which you subscribe. Give of your heart in purity and in love. Heal now through love and no longer through pain. Bless you all. Spread this message if your heart guides you to do so.

*Peace to you in all things.
Lady Galasan*

Lady Galasan suggested to me that you might wish to lay a few crystals next to the candle and perhaps some fir cones or foliage, making a little natural altar to the nature and mineral realms. Please keep the crystals cleansed on your altar so that they can work effectively (you can ask the angels to bless the crystals and cleanse them every day). Below is a triangle that you could draw to place your candle upon if you would like.

In love and light, Shabdan



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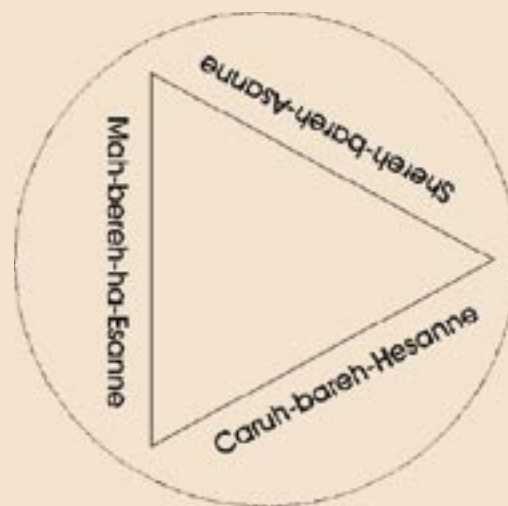
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In the next issue we shall continue to work with the Temple of Erha which appeared in the last issue.



Shabdan is the third dimensional aspect of Lord Anju, Keeper of the Keys of Creation. He holds workshops through his Shambhala Heart Ascension School and conducts personal telephone healing and counselling sessions nationwide. See www.iona-light.co.uk for further information and to subscribe to occasional email newsletters. For information on what is happening with the Nature Kingdom Realms at this time visit the website.